

# Notes

## On Consciousness

Elements of an Integrative Worldview

[http://en.ipublica.com/Notes\\_on\\_Consciousness/](http://en.ipublica.com/Notes_on_Consciousness/)

©2007 Pierre F. Walter. All rights reserved. No part of this book may be reproduced, utilized or transmitted in any form or by any means, electronic or mechanical, including photocopying, recording, or by any information storage and retrieval system, without the explicit permission of the publisher, except where permitted by law.

**ISBN-10** 1-933137-04-5

**ISBN-13** 978-1-933137-04-9

Reference Data: Pierre F. Walter, Notes on Consciousness: Elements of an Integrative Worldview, Newark: Sirius-C Media Galaxy LLC, 2007, ISBN 1-933137-04-5.

# Table of Contents

## Consciousness

§ 1

§2

§3

§4

§5

§6

§7

§8

§9

§10

§11

§12

§13

§14

§15

§16

§17

## Love

§18

§19

§20

§21

§22

§23

§24

§25

§26

§27

§28

§29

§30

§31

## Power

§32

§33

§34

§35

## Science

§36

§37

§38

§39

§40

## Health

§41

§42

§43

§44

§45

§46

§47

§48

§49

§50

§51

§52

§53

## Emotions

§54

§55

§56

§57

## Law

§58

§59

§60

§61

§62

§63

§64

\$65

World Peace

\$66

\$67

\$68

\$69

\$70

\$71

\$72

# Consciousness

§§ 1-17

I have a feeling that consciousness and energy are the same thing somehow. Where you really see life energy, there's consciousness.

- Joseph Campbell, *The Power of Myth*

## §1

Reality is wake reality plus dream reality. Dreaming is not only, as it is assumed by psychologists, a form of psychological digestion and integration of events, karma and experiences<sup>1</sup>, but also the direct collection of knowledge and thus, a special form of perception.<sup>2</sup> Dreaming thus can be said to be a part of cognition.

In dream, our perception is shifted and runs on different frequencies allowing us to perceive reality not in a logical and time-sequential man-

---

<sup>1</sup> See, for example, Sigmund Freud, *The Interpretation of Dreams*, New York: Avon, Reissue Edition, 1980, and in: *The Standard Edition of the Complete Psychological Works of Sigmund Freud* (24 Volumes), ed. by James Strachey, New York: W. W. Norton & Company, 1976 and Carl Gustav Jung, *The Meaning and Significance of Dreams*, Boston: Sigo Press, 1991. iPublica Research on [Sigmund Freud](#) and [Carl Gustav Jung](#).

<sup>2</sup> This is the prevailing view in shamanism and what comes over from parallel dimensions through channeled messages. iPublica Research on [Shamanism](#) and [Direct Perception](#).

ner, but in a synchronistic way that allows time to stretch and dissolve. In dreams we have access to past and future events without the limits set by the rational and time-bound mind. In dream, we perceive reality in a way more akin to the right brain hemisphere and, as a result, the rationality of dreams is one of *associative* logic. In addition, dreams are a test forum for ideas, plans and projects. In dreams, we can create unlimited virtual realities in which we can act at will, take roles and act out our ideas on a virtual stage in order to see how they will affect others and the world. Nowhere in nature the Darwinian theory of the surplus power of the stronger is to be found; instead, as Fritjof Capra and others showed evidently, nature is based upon cooperation and partnership.<sup>3</sup>

It was through this fundamental error that dominator philosophies, until today, have been backed up and justified. In nature the main organizing principles are harmony, not strife, order and not chaos, balance and not the dominance of psychotic power abuse that only humankind has developed as a *secondary drive structure*.<sup>4</sup>

---

<sup>3</sup> Fritjof Capra, *Steering Business Toward Sustainability*, New York: United Nations University Press, 1995, p. 6. [Book Review](#).

<sup>4</sup> See Pierre F. Walter, [Soul Power Toolkit](#), [Love and Abuse Toolkit](#), [Power or Depression](#), [Eight Dynamic Patterns of Living](#), [Reich's Greatest Discoveries](#).

## §2

Freud said *Wherever I went, a poet was there before me*. Many poets are more scientific than scientists because they comprehend more of what is *essential* in living. Scientists, in most cases, are defined more by what they blind out from the abundance of life's appearances than by what they understand about them.

## §3

No events or circumstances have an impact upon the state of the world; it is our *beliefs* that created our reality and consequently it's by changing our beliefs that we are going to change this somewhat unlucky reality that we collectively created through a mindset of limitation, prejudice and spiritual ignorance.

## §4

Every change in life comes about first on a psychic or etheric level and only thereafter on the level of physical or material density.<sup>5</sup>

---

<sup>5</sup> See Pierre F. Walter, [Life Mastery Toolkit](#) and [Soul Jazz](#).



## §5

Our emotions have a direct biogenetic and bioenergetic impact on other humans, animals and plants, the environment, the biosphere and the weather. There is a direct functional link between our emotions and planetary and cosmic bioenergetic events through the natural streaming of the cosmic energy that flows through all and animates all.<sup>6</sup>

## §6

Our life experiences are not *falling from heaven* but are the direct consequence of our beliefs and convictions. In this sense, all in life is synchronistic and thus part of a web of higher logic. Nothing in our universe is single and unconnected.

## §7

Consciousness consists both of an outer and an inner reality. The inner reality is as important as the outer, and its main functioning mode is *intuition*. Intuition is the highest form of intelligence. When we follow

---

<sup>6</sup> iPublica Research on [Emonics](#) and [Pierre F. Walter, The Science of Emonics](#).

our intuition instead of acting according to our beliefs or, worse, because of outside signals and commands, we always act *right*.

## §8

Psychology and religion are complementary halves of one and the same science: the science of *total awareness*.<sup>7</sup> It will not end war when we hate war and it will not end racism and discrimination when we hate racism and discrimination. We have to begin switching our inner polarity from negative to positive.

Then our vital energies will be used much more economically and we will dispose of a higher bioenergetic potential.

With this higher energy potential we will naturally strive to connect more with the positive than with the negative forces of the universe.

We cannot filter out of our consciousness undesired events, situations, perceptions, insights or generally any knowledge that will sadden and burden us. But what we can do is to see the relativity of all information and counterbalance saddening and burdening knowledge by positive, uplifting information. The world or *reality* always offers both sides of

---

<sup>7</sup> iPublica Research on [Science and Truth](#).

the spectrum, and we are limiting our powers when we focus only on the negative side of life or of people.

## §9

All beings are born innocently and there is no original sin. Empowerment is a consciousness enhancing process that acknowledges the natural absence of any guilt or shame; all existing guilt and shame are a result of negative childhood conditioning and came about through hypnotic spells and abuse.<sup>8</sup>

## §10

The belief in illness and the basic faultiness of nature or the human body is the result of guilt. A guilt-free and innocent worldview puts its focus upon life and studies *health*, and not death and sickness.<sup>9</sup>

---

<sup>8</sup> See Pierre F. Walter, [Love and Abuse Toolkit](#) and [Power or Depression](#). See also iPublica Research on [Moralism](#), [Emotional Abuse](#) and [Perversion](#).

<sup>9</sup> iPublica Research on [Alternative Medicine](#).

## §11

Health and longevity depend on the capacity to render beliefs conscious and to feed the mind with positive and integrative beliefs. The body is as conscious and as intelligent as the mind and works in synch with a mind that is feedbacking well with the body. Nobody dies without having taken the decision to pass over in the other dimension and move on with his or her spiritual development in the other, more subtle, dimensions.

By the same token, all those who die by accidents or catastrophes get to know in advance about their destiny, and can change it if they wish to. Their involvement in the event was a choice they have done on a subconscious level.

## §12

We live many lives simultaneously. Reincarnation is a misleading belief as it suggests that we lived lives sequentially. In reality, we live

several lives at the same time, but on different consciousness levels or dimensions.<sup>10</sup>

### §13

Most diseases are the result of repressing our natural emotions, especially our hot and aggressive ones. When aggressiveness cannot be expressed in certain ways that are not always violent or harmful, then they act like poisons inside of us and, in the long run, block our emonic flow which in last instance means to destroy inner organs.<sup>11</sup>

### §14

Our dreams have a major task in self-healing. Our psyche and our soma are both cleansed through healing dreams, many of which we are not conscious of because we forget them in the moment or before we wake up.

---

<sup>10</sup> See, for example, Jane Roberts, *The Nature of Personal Reality*, New York: Amber-Allen Publishing, 1994 and *The Nature of the Psyche: Its Human Expression*, New York: Amber Allen Publishing, 1996, Sanaya Roman, *Opening to Channel: How To Connect with Your Guide*, New York: H.J. Kramer, 1987, Barbara Marciniak, *Bringers of the Dawn: Teachings from the Pleiadians*, New York: Bear & Co., 1992 and Wendy Munro: *Journey into a New Millennium (Transmissions from Sirius): A Cosmic Account of the Millennial Transformation for Humanity and Planet Earth*, Cairns: Triad Publishers, 1997. [Book Review](#).

<sup>11</sup> iPublica Research on [Emonic Flow](#).

## §15

The identification with exclusively the body or the mind is both unhealthy and brings about imbalances. Identification with the body leads to the wrong belief that life ended with death, while identification with the mind locks us out from our body and therefore in the long run destroys the body, which leads to premature death. Only the healthy integration of mind and body enhances vitality and generally leads to longevity.

## §16

Music balances the bioenergetic polarities in the mindbody and stimulates and enhances our natural self-healing capacities. However, effective self-healing is blocked to a large extent when the person cherishes beliefs that belittle or deny nature's inherent self-healing potential.

## §17

Consciousness and science are linked through the process of perception. Perception proceeds through sensation. Sensation is something like a window through which consciousness accesses nature. Through the

gates of perception we realize the depth of knowledge that with quantitative science alone is not accessible.

A holistic and *whole-brain* process of perception is needed for accurately conceiving and comprehending reality in a scientific manner.

# Love

§§ 18-31

Insofar as love expresses itself, it is not expressing itself in terms of the socially approved manners of life. That's why it is all so secret. Love has nothing to do with social order.

- Joseph Campbell, *The Power of Myth*

## §18

Love is part of living like breathing and drinking; it is inherent in love that it wants to express itself. It is difficult to live love naturally in a pornographic society.

## §19

A society that is *pornographic* is a society that represses emotions and allows to express them only in a very limited range of so-called *sexual* behavior; but emotions are universal and by far not limited to sexual expression.<sup>12</sup>

---

<sup>12</sup> See, for example, iPublica Research on [Pedoemotions](#).



## §20

Sexual love within the family has often karmic reasons. Parents and children are often complementary in that they incarnate highly different or even opposing characteristics. For similar reasons, a couple may get a psychotic child because they are too stiff while the child incarnates the spontaneity that is lacking in their lives.

## §21

All sexuality is an *emosexuality* in the sense that emotions cannot be excluded from sexual attraction, and also in the sense that sexual attraction follows emotional attraction, and not *vice versa*.

Western philosophy has throughout history suffered from a schizoid split of love into *erós* and *agapé*; in nature this split does not exist.<sup>13</sup>

## §22

Most people follow sexual roles that are cliché models and not the natural expression of their sexually manifest soul desire; many have not

---

<sup>13</sup> iPublica Research on [Love](#).

enough self-knowledge to know what they really want. That is why the majority of people are unable to really *live their love*.

Naturally our love and sex desires go together and are not to be split on different partners, one for love, and one for sex. Many men, however, suffer from a schizoid split of love and sex projected upon different partners.

This schizoid split of love and sex has brought about and brings about war, destruction, civil war and genocide on a worldwide scale.

## §23

Sexuality is by no means fixated and rather of a moving, changing nature. It brings about strife, unhappiness and neurosis when people are exclusively heterosexual or homosexual. All exclusivity in love and sex is a matter of rigid conditioning, of inflexibility and neurosis, and not of intelligence and emotional and sexual sanity.

For the future of humanity, it is absolutely essential that our bisexual nature be acknowledged and socially recognized.

## §24

Children are emotionally and sexually conscious, lucid and awake from birth, but their sexuality has hardly anything to do with what most psychologists project on it.<sup>14</sup>

To condition children into early gender separation means to destroy their innate bisexuality.<sup>15</sup>

## §25

Both lesbian and homosexual tendencies are natural with children and are not to be interfered with.

However, because sexual matters are generally little understood in our society, when children display once in a while lesbian or homosexual attraction, such desires more often than not are feared and repressed.

One of the results is that natural heterosexuality is a rare exception within Western culture because it is regularly destroyed by fearful and ignorant parents and educators during the psychosexual growth period of the child. That is how psychosexual imbalances such as homosexuality

---

<sup>14</sup> iPublica Research on the [Oedipus Complex](#).

<sup>15</sup> iPublica Research on [Animus-Anima](#).

and similar patterns are created as bioenergetic imprints early in childhood. When natural psychosexual growth processes are interfered with by ignorance and denial, instead of letting nature its course, perversion is the result.<sup>16</sup>

Homosexuality *as an exclusive love option* is a true perversion from the natural setup, but the paradox is that it arises with higher frequency *when early heterosexual and homosexual experiences have been repressed* and tender natural sexual feelings were thus spoiled by guilt and shame.

All early sexuality that is lived in freedom develops into genuine and lasting heterosexuality. Thus, when the natural freedom of child mating is not interfered with, homosexuality will not occur.

## §26

Most children are conditioned upon toys and pets in order to get them away from *feeling* and being with their own body; this alienation and conditioning upon body replacements is the condition for postmodern international consumer culture to prosper; and thus it prospers virtu-

---

<sup>16</sup> iPublica Research on [Perversion](#).

ally on the grave of childhood. An overwhelming part of children's natural love potential is wasted and invested in material possessions.<sup>17</sup>

## §27

Elders have a natural right to live their love life and sexuality without limits until old age. Sexuality *is not limited* to the period between birth and menopause but extends into old age without any limits but those set by people's own minds, habits and beliefs.

The Bible and other spiritual books abound of examples of couples having had late childbirth, up until in their eighties. Natural fertility depends but on the uninhibited flow of our bioenergy. The body even after menopause *is able to regenerate so that something like a second puberty can naturally come about* with people whose bioplasmatic streaming is intact and strong.

When both partners are in this lucky condition, childbirth even in high age is no miracle and brings about happiness for parents and child.

---

<sup>17</sup> iPublica Research on [Postmodern International Consumer Culture](#).

## §28

All those who have achieved self-knowledge and are in vivid dialog with their inner selves have discovered their bisexual nature and have integrated their *other sex*. This work is the starting point of true spirituality.

Sexual paraphilias are not generic sexual orientations but *fake identities* that offer those with a lacking real identity a point of reference for social or group acceptance, even though this acceptance may be actually reject.

On the other hand, what society projects upon paraphilias is false as it consists of repressed perverse thoughts and longings and therefore lacks insight into the nature of these emotional and sexual attractions.<sup>18</sup>

## §29

With observing some basic rules of conduct, every human life can be lived without destructive somatic diseases such as cancer, immune deficiency syndrome, heart disease, rheumatism, arthritis, leukemia and

---

<sup>18</sup> iPublica Research on [Sexual Paraphilias](#) and Pierre F. Walter, [The Science of Emonics](#).

others of the same kind, and without mental or emotional diseases such as neurosis, psychosis, schizophrenia, epilepsy or Alzheimer.

### §30

Psychoanalysis, psychiatry and psychotherapeutic treatment are not natural and effective methods for healing emotional entanglement and early trauma, but conform with the cultural credo to *reeducate*, if not to brainwash people according to certain cultural beliefs.

Effective healing of early childhood trauma can be effected by self-hypnosis, creative writing, creative prayer or *aura healing*.<sup>19</sup>

### §31

A future society will have to take responsibility for socially coding sexual paraphilias. Uncoded behavior creates individual and social chaos and brings about conflictual and harmful behavior patterns.

---

<sup>19</sup> iPublica Research on [Antipsychiatry](#) and Pierre F. Walter, [Love and Abuse Toolkit](#).

Coding behavior requires social acceptance and responsible policy making. It is possible already now to draft a comprehensive legal bill for sexual and non-sexual violence, while abandoning all archaic sex laws.<sup>20</sup>

---

<sup>20</sup> Pierre F. Walter, [The Legal Split in Child Protection: Overcoming the Double Standard](#).



# Power

§§ 32–35

If the person insists on a certain program, and doesn't listen to the demands of his own heart, he's going to risk a schizophrenic crackup. Such a person has put himself off center. He has aligned himself with a program for life, and it's not the one the body's interested in at all. The world is full of people who have stopped listening to themselves or have listened only to their neighbors to learn what they ought to do, how they ought to behave, and what the values are that they should be living for.

– Joseph Campbell, *The Power of Myth*

## §32

For constructive living and a growing network of fruitful and mutually beneficial relationships, we need to develop our natural soul power and build self-power or *primary power*.<sup>21</sup>

Primary power is an acute awareness of our spiritual human potential and all its possible expressions. It typically manifests as a deep confidence in the goodness, intelligence and integratedness of cosmic life and love, as well as one's own unique potential and creativity.

---

<sup>21</sup> iPublica Research on [Primary Power](#).

Primary power is the ability to live one's unique form of love, whatever our loving energies are attracted to and wish to be close with. Self-power is developed mainly through the integration of our dream knowledge and wisdom. This source of knowledge is unlimited and depends only on our skill to read the language of dreams so that it is intelligible for us. Dreams also are our most genuine source of creativity.

### §33

Self-affirmation is a source of strength and it's the foremost tool for building primary power. Self-affirmation starts from the premise that we all have a unique potential and mission and do not need to accept others that are disagreeable for us or impeding us from realizing our mission.

Love is self-expression, self-affirmation, in last resort, not just a cunning skill for bonding with people. Love first of all is an irradiation of vital energy that comes about through self-affirmation, second this energy radiation is intelligent in the sense that it's telepathic. It attracts to us our most cherished love partners, simply by projecting our love vision into the universe. We actually become living broadcasting stations by really living our love on a daily basis. We broadcast our love vision into

the entire universe, and this broadcast is received by those receptive for our particular desire. That's really magic, but it's not a trick, but a law. This law is called *the law of attraction*, and it's a universal law. Thus love, in last resort is magic, in that it can't be controlled by the mind, but comes about spontaneously through attraction and reception, giving and taking, and moralism destroys love because it destroys this subtle communication process in the first place. Also, sadism as a compulsory and coercive form of love destroys real attraction, as sadism achieves satisfaction by controlling the exchange. However, love comes about in freedom.

But the most important to realize love is not understanding love for it simply cannot be understood intellectually, but self-affirmation; when we affirm ourselves we automatically attract the loving partners we desire.

#### §34

Self-acceptance is a spiritual, psychic and biological necessity and the primary condition for success in life and love. We have a right to say *no*. To accept all in life without wavering can indicate a lack of self-

acceptance. Nobody is supposed to accept worldviews, beliefs and ideologies that deny or invalidate their soul values.

### §35

Traditional patriarchal education is based upon smashing the child's primary power, to raise disempowered emotional cripples that, once the emonic mutilation called education is completed, are proudly called *citizens*. Only through a true revolution in education can this sad state of affairs gradually be changed and consciousness be raised. The only education that is in accordance with nature is the one that respects the child as a person in her own right, as a spiritual entity and unique soul that incarnates with a definite mission as a learning process for his or her lifetime.

# Science

§§ 36–40

Anyone will renovate his science who will steadily look after the irregular phenomena.  
And when the science is renewed, its new formulas often have more of the voice of the exceptions in them than of what were supposed to be the rules.

– William James

## §36

Science as unbiased observation of nature and comprehension of the cosmic laws and functionalities has been misunderstood and distorted throughout patriarchy in all dominator cultures of the world.

## §37

While still in Antiquity, science was in the hands of philosophers who had a meta-cognitive view upon nature, science became more and more a quantitative concept, out for construing measuring devices and defining reality more and more along the lines of what could be measured with these devices, declaring nonsense or banning what could *not*

be measured. Unfortunately, the *unresolvable rest* that was regarded as trash and blinded out from reality was the greater half of nature.

As a result, the *true* science and its effective and functional counterpart, natural healing, had to go underground in Western civilization and was bound to barely survive under the threat of widespread official denial, slander and persecution.<sup>22</sup>

This science was first called *philosophy* during Antiquity, then *hermetic science* or *alchemy*, and then *magnetism*, *spiritism*, and finally *new age science*.<sup>23</sup>

## §38

True science is first of all *energy science*, the intelligent understanding and use of the cosmic life energy that is called *ch'i* in China, *ki* in Japan, *mana* or *aka* with the Kahunas from Hawaii and with most aboriginal peoples, *prana* in India, *ka* in old Egypt and that in Western alternative science was called *vis vitalis* by Paracelsus, *spirit energy* by Swedenborg, *animal magnetism* by Mesmer, *Odic force* by Reichenbach, *élan vi-*

---

<sup>22</sup> iPublica Research on [Science and Truth](#).

<sup>23</sup> iPublica Research on [Spiritualism-Spiritism](#) and on [Science and Philosophy](#). See also Pierre F. Walter, [The Aquarius Age: What the Zodiac Reveals About the New Age](#).

*tal* by Coué and with most hypnotists, *universion* by Lakhovsky and *or-gone* by Reich.<sup>24</sup>

### §39

A future society's science paradigm should put the research on the cosmic life energy, the intelligent study of the use and functionality of the bioenergy at the first place of its science agenda.

### §40

Modern science has done a first step in the right direction with the abandonment of the rigid observer standpoint and the acknowledgment of probabilities and paradoxes in *quantum physics*.

The next step can only be the acknowledgment of the existence of the *ether* as an energetic continuum, and the all-pervading cosmic life energy as the one single creator principle in the universe.<sup>25</sup>

---

<sup>24</sup> iPublica Research on [Huna](#), [Paracelsus](#), [Swedenborg](#), [Mesmer](#), [Reichenbach](#), [Lakhovsky](#) and [Reich](#).  
Pierre F. Walter, [Emotional Flow](#) and [The Science of Emonics](#).

<sup>25</sup> iPublica Research on [Quantum Physics](#).

# Health

§§ 41-53

The mind needs to be explored first, for it is the builder and the origin of effort. The body is the result of what the mind has created, but we don't really know the internal workings of our bodies any better than the mysteries of our minds.

- William A. McCarey M.D., *In Search for Healing: Whole-Body Healing Through the Mind-Body-Spirit Connection*, New York: Berkeley Publishing, 1996, p. 13

§41

For effective healing and medical care, we need to look at what is *health*, and not at what is sickness, at what is *wholeness* and not what is fragmentation, at what is *sane* and not what is insane, at what is *life* and not what is death.

§42

Western science, since *Aristotle*, has looked at death in order to find out about life. Medical science was and is a *death science*. It has accumulated knowledge about decaying processes by vivisectioning cadavers. It



knows about the skeleton, tissues and blood vessels, but it has no idea what it is that distinguishes a living body from a dead body. To know that it would have had to look at the *life energy*, the bioplasmatic energy contained in living organisms, and which vanishes from the dead and decaying body shortly after the moment of death.

#### §43

Traditional Western medical science has asked the wrong questions and therefore got the wrong answers. It is merely palliative and cures symptoms without having the slightest idea about the true causes of illness, be it somatic, be it psychic illness. It knows nothing about the energetic equilibrium of a healthy organism, and as a result ignores that all illness simply is a state of affairs where the natural equilibrium between positive and negative energetic polarities, *yin* and *yang*, is out of balance. It is as if somebody, in order to see the sun, builds a telescope, points it at the moon, looks through it and affirms:

The sun is a dry planet, without life, without heat, without energy, a simple mass of stone; it appears heavy, stupid and useless.

#### §44

In reality, the human body is a luminous energy egg that irradiates a highly powerful bioplasmatic energy and is synergistically connected to, and resonating with, all other beings that vibrate at about the same frequency range, including animals, plants and even inanimate matter.

#### §45

The human body contains twelve disc-shaped energy knots called *chakras*, seven of which are around the upper half of the human body and five of which are higher up, floating in the ether.

All chakras are emotionally resonating with the human organism; they are bioenergy transformers and care for supplying our organism with all the energies needed for sustenance.

#### §46

All sickness is to be seen, long before it manifests in the physical body, in the *aura*, the etheric body or bodies that build something like an egg-shaped luminous shell around the physical body. Illness typically manifests as a certain irregularity in the color spectrum of the aura; this

was scientifically identified and corroborated as early as in the 1930's by a photographic technique invented by Dr. Walter J. Kirlian, a British physician of Russian origin.<sup>26</sup> Tibetan medicine knows since thousands of years to measure the pulse with such an accuracy that it equals aura reading; illnesses can be predicted by this highly sophisticated traditional method several years in advance of their first somatization.<sup>27</sup>

#### §47

Already today, with the knowledge we possess about energy science, especially acupuncture, magnetic and cell resonance healing, aura treatment, homeopathy and orgone refreshment as well as macrobiotic diet, psychosomatic healing techniques and psychosynthesis, we can establish a body of holistic medical science that is effective, affordable, human, organic and environment-friendly. So far the worldwide medical and pharmaceutical establishment is powerful enough to resist any progress in holistic medical science.<sup>28</sup>

---

<sup>26</sup> iPublica Research on [Kirlian Photography](#).

<sup>27</sup> iPublica Research on [Tibetan Medicine](#).

<sup>28</sup> iPublica Research on [Holistic Science](#).

## §48

Each and every human can be healthy from birth to death, without any use of chemical pharmaceuticals, without any visits to a medical doctor or hospital, and without any operations. This is true for the regular case; for accidents, especially road, train and airplane accidents highly effective urgency aid is of course still needed.<sup>29</sup>

## §49

Childbirth is a sexual, orgasmic and highly pleasurable experience for mother, father and child and should be enjoyed at home, in the familiar setting, as a celebration of life and as a welcome party for the new soul that incarnates in the physical shell.

For this to happen, the old profession of the *sage femme* has to be reborn. Childbirth has to be taken completely out of hospitals because it has nothing to do with sickness, and giving birth to a child is not the task of a medical doctor but of a specialized helper who by preference is a woman.<sup>30</sup>

---

<sup>29</sup> iPublica Research on [Alternative Medicine](#).

<sup>30</sup> iPublica Research on [Michel Odent](#) and [Frederick Leboyer](#).

## §50

Why this profession disappeared is clearly the result of the Church's witch hunts over several centuries and the cruel persecution, torture and murder of thousands and thousands of natural obstetricians all over Europe.

## §51

What is true for childbirth is true for contraception and abortion as well. As it is the responsibility of the mother to carry her baby to birth or to decide to stop pregnancy, or else to avoid pregnancy altogether, a large range of methods has existed over time in different cultures that was in the hands of natural obstetricians.

Very effective natural means for contraception were available for very affordable prices that ensured parents or a single mother got their children only in case they really wanted them, and were able to take care of them. This knowledge has been scattered for the most part if it is not completely forgotten.

## §52

The condom is one of the most idiotic devices man has ever come up with to interfere with sexual intercourse; it strongly reduces sexual pleasure for the man because it desensitizes the gland and forces largely built men with tiny built partners to use an unusual amount of force and pressure to realize orgasm. The result is unnecessary strain and in many cases also vaginal soreness and genital abrasions with the female partner. In addition, the displeasing smell and necessarily awkward handling of condoms must put off any sensitive human being from sex.

Yet the invention of the condom is not a surprise when one is aware of the archaically stupid and life-denying *Weltanschauung* behind it and which has turned people away from their natural body functions. The condom thus is a symbol for the deterioration of sexuality and its turn into animal-like *fucking*.

The whole of the safe-sex propaganda is an outcry of imbecility and barbarous ignorance that is based on lies, as none of the etiologies for sexually transmitted diseases could be proven beyond reasonable doubt.

## §53

As long as international medical care is in the hands of physicians and pharmacy multinationals, human health, on a worldwide scale, is going to deteriorate with every year to come, while the costs for this gigantic moneymaking machine of white-coated nonsense will astronomically increase.

# Emotions

§§ 54-57

Darth Vader has not developed his own humanity. He's a robot. He's a bureaucrat, living not in terms of himself but in terms of an imposed system. This is the threat to our lives that we all face today. Is the system going to flatten you out and deny you your humanity, or are you going to be able to make use of the system to the attainment of human purposes?

- Joseph Campbell, The Power of Myth

## §54

Present society confuses and messes up the difference between aggressiveness and violence and brings about violence through repressing healthy aggressiveness.<sup>31</sup>

## §55

Anger and rage are positive emotions because they help us to become conscious of unhealthy fusionary attachments and be grounded

---

<sup>31</sup> iPublica Research on [Repression](#).



through our first chakra energy, which is associated with the color red. In aggressiveness contained is a high communication potential that cannot be used when aggressiveness is totally repressed.

*Aggressiveness is not violence* in that it is outgoing and creative, and as such an expression of primary power; while violence is the result of depression and accompanying suicidal and disempowering feelings.<sup>32</sup>

## §56

Our emotions are naturally complete and intelligent, and they are kaleidoscopically linked to each other.<sup>33</sup>

All emotions have a place in our life and should be lived consciously and without controlling or repressing any of them. When one emotion is blocked, the natural kaleidoscopic cycle of emotions is disrupted with the result that the natural bioenergetic balance of our organism becomes impaired.

---

<sup>32</sup> Pierre F. Walter, [Power or Depression: The Cultural Roots of Abuse](#).

<sup>33</sup> Pierre F. Walter, [Emotional Flow: Insights and Techniques](#).

§57

Knowledge of our primary power frees us of all our fears and also from rage and hate feelings. Natural self-power cannot be gained when we deny our natural goodness, and the creativeness of our subconscious mind.

Even small children possess their natural self-power potential that is regularly destroyed in patriarchal education, bringing about fearful and perversely obedient children that do not question the *status quo* and go along with every kind of abuse without defending themselves.<sup>34</sup>

---

<sup>34</sup> iPublica Research on [Perversion](#).

# Law

## §§ 58-65

### §58

All sex laws and all age of consent laws should be abandoned and sexual experience be completely *decriminalized* and taken out of the hands of the state.<sup>35</sup>

### §59

Personal intimacy has no place on police agendas and in newspaper columns; what this leads to is that love and intimacy are screwed up and degraded into *sexual acts* without meaning and without soul.

### §60

To save human love from vulgarity and perversion, and for fighting sexual crime, there is only one way: *freedom*. Hence, a body of independent consultants that work as *public welfare agencies* should step in

---

<sup>35</sup> Pierre F. Walter, [The Legal Split in Child Protection: Overcoming the Double Standard](#).

and provide emotional and sexual consultancy in accordance with special statutes and regulations that establish their social function and usefulness within a responsible medical and psychic health care system.

## §61

Children have to be raised in a peaceful and comprehensive environment, where their *whole person*, including their bodies and emotions are truly understood and accepted.

For this to happen, any form of educational violence called *corporal punishment* has to be definitely, by law, prohibited and abandoned.<sup>36</sup>

## §62

No adult has the right to exert violence upon a child, and education is no exception from this rule. To justify educational violence and at the same time wonder why violence is one of mankind's major problems is a striking example for the typical shortsightedness and *thwarted emotional intelligence* of most humans raised under patriarchy.

---

<sup>36</sup> See, for example, Dean M. Herman, *A Statutory Proposal to Prohibit the Infliction of Violence upon Children*, 19 FAMILY LAW QUARTERLY, 1986, 1-52.

### §63

It is for this reason that changes in this important area are so slow to come and that so many, even educated people, continue beating their children like masters once were beating their slaves.<sup>37</sup>

### §64

Children who are regularly beaten cannot integrate their bodies and emotions into a non-fragmented mindset because this very process is impaired through the presence of strong fear, guilt and shame in the child's psyche. This means that children raised in a violent environment are crippled and handicapped for life!

### §65

Educational violence therefore should be prohibited by law for both parents and persons who *act in loco parentis*, such as educators, tutors and other caretakers. Ideally physical and sexual child abuse in the form

---

<sup>37</sup> It is disturbing today's global consumer culture that the child be a complete being from birth, and that, as a result, children own a birthright to have their emotions and sexual feelings respected. Françoise Dolto, the late French child therapist, in her famous book *La Cause des Enfants* wrote that it scandalizes most adults that a child be their equal and that, therefore, most parents raise their children as formerly princes ruled their kingdoms. [Book Review](#).

of *violence* acted out upon a child, should be treated in one and the same legal bill, and not in diverse and difficult-to-find separate legislations.<sup>38</sup>

---

<sup>38</sup> See my draft bill contained in *The Legal Split in Child Protection*, note 35, *supra*.

# World Peace

§§ 66-72

A musician must make his music, an artist must paint, a poet must write if he is to ultimately be at peace with himself.

- Abraham Maslow

## §66

World peace can be attained only by changing our basic paradigms about emotions and sexuality for they condition our views upon *violence* and how we handle this major problem in its manifold manifestations as domestic violence, street violence, gang violence, in-group versus out-group violence, racial and ideological violence, sexual violence, *official* governmental, military or police violence and structural violence.

## §67

All research done over the last decades on the origin and the roots of violence points to violence being a *direct result* of repressing our natural pleasure function and the establishment, within patriarchy, of rigid

moralistic behavior rules. Pleasure, joy and sexual excitement are essential for bringing about *novelty* in individual and collective life patterns and the bioenergetic exchange between organisms. This is independent of sex and age and it is valid for people from all walks of life and belonging to all races and cultures.<sup>39</sup>

## §68

When natural body pleasure is thwarted and man thus deprived of tactile stimulation, a *secondary drive structure* builds up that is violent and destructive. This secondary drive structure that is fed by stuck and pent-up bioenergy rigidifies over time into a *character armor* that impedes man from *feeling* and thus inhibits important functions in the human character: empathy and compassion. This is how man could become the violent beast he is today, ruthlessly building in-group empires that shut out millions of people and dozens of nations and that expand on the price of genocide and public insanity.

---

<sup>39</sup> iPublica Research on [Pleasure and Violence](#).



§69

Man is not by nature violent and destructive.

§70

Those who believe in the myth of man being naturally violent build their worldview upon myths and a manipulative history science that deliberately overlooks the fact that before patriarchy came up about five thousands years ago, most peoples of the world lived in peace and fruitful exchanges, while they maintained partnership economies instead of dominator economies.

§71

Partnership cultures do not establish strict moralistic behavior rules; they simply comply with the golden rule to *not do to another what one wishes not to suffer oneself*.<sup>40</sup> Anthropological and cross-cultural research has shown that a tiny rest of these cultures luckily survived until this day, one of them being the *Trobriand* culture in Papua New Guinea, another

---

<sup>40</sup> This is for example stated in the ethical code of the Kahunas from Hawaii. iPublica Research on [Huna](#) and my site [autohuna.com](#).

being the *Muria* tribe in India. These cultures have in common that they do not interfere with the emotions and sexual behavior of their children and thus practice what today is called a *permissive* education.<sup>41</sup>

These cultures raise their children with great respect of natural biological growth cycles. Thus, for example, puberty is naturally the period where the child takes a leave from his or her parents, marries and engages in a professional career, as this was still the case in the Middle-Ages in Europe but was afterwards completely eroded by the *extended educational study cycle* as part of mechanistic and alienating industrial culture.<sup>42</sup>

## §72

Today's postmodern international consumer culture as the worldwide exportation of traditional and ultra-conservative Western values is a perverse upside-down movement that replaces life by a form of collective psychosis and rampant violence and that is based on denial and ig-

---

<sup>41</sup> iPublica Research on [Permissive Education](#). iPublica Research on [Bronislaw Malinowski and Margaret Mead](#) and the [Continuum Concept](#).

<sup>42</sup> Pierre F. Walter, [The Eight Dynamic Patterns of Living: Base Elements of True Civilization](#).

norance: denial of our natural pleasure function and ignorance about the most fundamental scientific and spiritual patterns of living.<sup>43</sup>

For the peace agenda of a future enlightened society the following essential points have *inter alia* to be considered:

- emotional and sexual freedom for children and adolescents;
- emotional and sexual freedom for the elder;
- respect and recognition of our natural bisexuality;
- recognition of the ether and parallel universes;
- a unified field theory for the cosmic life energy;
- expert advice for contraception and abortion;
- respect of every state's territorial and political integrity;
- worldwide training of cross-cultural communication;
- worldwide free-of-charge student exchanges;
- scientific study of life-after-death and cosmic life cycles.

---

<sup>43</sup> iPublica Research on [Perversion](#) and [The Pleasure Function](#).